

تأثیر خودآموزی کلامی بر بهبود سازگاری اجتماعی

کودکان مبتلا به اختلال سلوک

The Effect of Verbal Self – Instruction on Social Adjustment in Children with Conduct Disorder

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Abstract

Introduction: The present study aimed to examine the effectiveness of verbal self – instruction on social adjustment in children with conduct disorder.

Method: In this experimental research, 20 students (Fourth & Fifth grades) with conduct disorder were selected from Tabriz Schools and randomly assigned into experimental and control groups. Subjects selected according to DSM-IV-TR criteria and CSI-4. The experimental group instructed through verbal self instruction training for 10 sessions and the control group received no intervention.

Results: The findings indicate that the application of verbal self-instruction had significant effects on social adjustment and interpersonal relations in students with conduct disorder.

Conclusion: This program can be helpful to improve social adjustment and interpersonal relations in students with conduct disorder.

Keywords: Conduct Disorder, Verbal Self-Instruction, Social Adjustment.

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²- Hill
³- Stadler, C.
⁴- Vangoozen, S. H. M.

¹- Herpertz , S.

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¹¹- Self-Guidance
¹²- Ronen, T.
¹³- Defiant Behavior
¹⁴- Laba, M.
¹⁵- Dudu, E.

⁵- Aggressive Attributional Bias
⁶- Verbal Self-Training
⁷- Vygostky
⁸- Luria
⁹- Meichenbaum
¹⁰- Goodman

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SLUG DSMIII

DSM
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CSI-4 DSM-IV-TR

¹⁸ - Reliability
¹⁹ - Validity
²⁰ - Properties

¹⁶ - Contingency Management
¹⁷ - Self-Training Instruction

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²¹ - Psychological Skills inventory
²² - Strayhorn, M.

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²³ - Goetz, T. E.

²⁴ - Dweck, C. S.

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