

وابستگی متقابل و سلامت روان در همسران افراد دچار سوء مصرف مواد اپیوئیدی Codependency and Mental Health in Wives of Opioid Drug Abusers

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Abstract

Introduction: The main purpose of this research is to examine the possible relationship between codependency and mental health among wives of opioid drug abusers under TC intervention.

Method: Participants (n=30 addicts' wives under TC) were selected using available sampling method. All participants were filled GHQ-28 and dependency questionnaires.

Results: A Significant positive correlation was found between codependency and mental health. Anxiety alone ($R^2=0/31$) and anxiety and social performance together ($R^2=0/46$) were predicted variations of codependency by wives of drug abusers.

Conclusion: Codependency is associated with increased symptoms of abnormality for wives of drug abusers. Anxiety and social performance disorder are the important predictors for codependency.

Keywords: Codependency, Mental Health, Opioid Drug Abuse

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¹⁰- Family of origin issues
¹¹- Hiding self
¹²- Enabling behavior

¹- National Council on Codependency
²- Self neglect
³- Diminishing identity
⁴- Denial/delusion
⁵- Emotional repression
⁶- Compulsions
⁷- Low self-worth
⁸- Medical problems
⁹- Other focus/self-neglect

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20- Rescuer
 21- Victim
 22- Persecutor
 23- Significant others
 24- Cultural scripts

13- Transactional analysis
 14- Life scripts
 15- Psychological games
 16- Over adaptation
 17- Emotional repression
 18- Original family
 19- Secondary symbiosis

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